



## High School Lacrosse Rules

### Boys

1. Teams play 8 v. 8 (2 Attack, 3 Midfield, 2 Defender, 1 Goalie) with off-sides
2. Game time is 2 / 25 minute halves (No OT)
3. No Checking Allowed
4. Players will be ejected for boarding
5. NO fighting – players may be ejected for season with no refund
6. Teams must be properly rostered through DASH
7. Teams must have a Coach or Team Manager who is 18 years old or older
8. All other field rules apply, all penalties are 1 minute or more if needed
9. Ball can be played off the boards, but not off of netting or ceiling
10. A ball that goes into the soccer net will be awarded to the goalie
11. No spitting on floor / NO gum / NO colored drinks permitted on field
12. Please arrive early to game time. The clock will start on time, even if teams are not ready
13. Teams need to contact the director if they need a goalie

Please call or e-mail the director with any questions or concerns

John 978 – 821 – 8864 or [DHSIaxcoach@comcast.net](mailto:DHSIaxcoach@comcast.net)