



Volleyball Rules

Time Outs

- Each team gets two 1 minute timeouts per set

Net/Under The Net

- At no point can a player contact the net while the ball is in play. Doing so will result in a point for the other team
- At no point may a player be under the net. Players' entire foot must be under the net for it to be called under. Shadowing the line is allowed.

Basketball Hoop Interference

- If a player has tracked the ball and is ready to play the ball, but the basketball hoop interferes, it is to the discretion of the referee to call a replay

Liberos

- Liberos are not allowed in this league