

ABOUT DANVERS INDOOR SPORTS

Danvers Indoor Sports is a state-of-the-art climate controlled indoor sports facility that houses eight turf athletic fields, four basketball courts, on site concessions and catering, arcade games and more!





DIS is dedicated to providing youth with a safe environment to be active year-round. DIS promotes sports such as soccer, football, basketball, lacrosse, volleyball and field hockey and offers classes and activities throughout the year. These resources and programs teach children how to work as a team to achieve a common goal, encourage healthy competition and support positive physical and emotional self-esteem.



Dear 2020 Camp Families,

Thank you for your interest in DIScover Summer Camp! We are looking forward to another amazing summer! We believe Danvers Indoor Sports is the perfect place for your child to experience a summer filled with learning new skills through activities and games, how to work as part of a team and good sportsmanship all while building friendships and having lots of FUN!

In addition to our classic summer camp activities, campers also have an opportunity to participate in a variety of electives as well as themes days/weeks and special events throughout the summer! This summer, we will have our own DIS Summer Olympics!

We are excited to be offering DIScover Summer Flag Football and Basketball Camps! Please see camp details within this guide for more information.

Please read through our camp guide and explore what DIScover Summer Camp has to offer your family! If you have any questions, please email me at Anthony@danversindoorsports.com

Best Regards,

Coach Anthony Carter

DIScover Summer Camp Director



DISCOVER SUMMER CAMP THE PARTY OF THE P

Ages: 5-12

Time: 9:00AM - 3:00PM

Description: Come join us for an exciting and high energy filled day of DIScover Summer Camp! Campers ages 5 - 12 will have an opportunity to participate in sports, games, and summer fun activities. Children will participate in classic camp style games such as relay races, fishy fishy, steal the bacon, ultimate frisbee as well as electives and special events. Campers will learn new skills in a fun and safe environment while practicing good sportsmanship. Campers will come to camp excited and leave looking forward to their next camp day!

C.I.T.

Ages: 13-15 Time: 9:00AM - 3:00PM (extended care available)

Description: In 2020, CIT's will be part of a pre camp training session and daily training with DIScover Camp Senior Staff through conversations and group challenges focused on leadership, inclusion, communication, and teamwork. These training sessions will prepare CIT's to assist the DIScover Coaches in the afternoon of each camp day. CIT's will have the opportunity to participate in sports and games throughout the day. CIT's must attend a minimum of two weeks.

Half Day Ages: 5-12 Time: 12:00PM - 3:00PM (extended care available)

Description: Join us for a Half Day camp in the morning or in the afternoon. This camp encourages younger children that may not be able to complete a full day of camp to learn new skills, build friendships and play high energy games in a safe environment. Campers will play classic summer camp games which include a variety of relay races, tag variations, sport specific activities and more!

RATES AND RECISTRATION

DIS Member Daily Rate:	\$55.00
Non-Member Daily Rate:	\$60.00
Half Day:	
DIS Annual Membership:	Individual - \$30 Family - \$60
CIT Program:	50% off weekly rate (minimum 2 weeks)
Lunch:	\$6.00 per day
Extended Care: Before Care (8:00AM - 9:00AM) and After Care (3:00PM -	•
Sibling Discount:	5% off each additional sibling

NOTE: Rate Includes Special Events and Field Trips

- 1 Visit www.danversindoorsports.com/summer-camp
- 2. Click the link and it will bring you to the registration page
- 3. May 1, 2020 necessary paperwork will be available to download on the DIS Summer Camp webpage. Please mail/bring them into DIS by June 3, 2020. All paperwork must be submitted by Monday, June 3, 2020 in order for the child to participate in camp.

WEEKS

Pre Week Hawaiian Day June 15 - June 19

Super Hero Day

Week !

June 22 - June 26

Week 2

Crazy Hair & Sock Day June 29 - July 3 Week 3

Color War Week July 6 - July 10

(DIScover Football Camp)

Week 4

New England / Boston Sports Day
July 13 - July 17
(DIScover Football Camp)

Week 5

Pajama Day July 20 - July 24

Week 6

Worldwide Safari Day July 27 - July 31 Weekt

Backwards Day August 3 - August 7

(DIScover Football Camp)

Week 8

DIS Summer Olympics Week
August 10 - August 14

(DIScover Football Camp)

Week 9

Mismatch Day August 17 - August 21 Week 10

Dress like a DIScover Coach Day August 24 - August 28

SAMPLE CAMP SCHEDULE

9:00_{AM}

9:15_{AM}

9:30_{AM}

10:00_{AM}

10:30_{AM}

11:00_{AM}

11:30_{AM}

12:00рм

12:30_{PM}

1:00_{PM}

2:00PM

2:30PM

3:00рм

Drop Off

Welcome Anouncements

Warm Up Game of Tag

Sports Game

Snack

Team Building Challenge

Large Group Game

Lunch

Card and Board Games

Electives

Team Sports

Free Play

Pick Up







Suggested daily packing list: Backpack, a non-refrigerated lunch, sneakers, water bottle(s) and any canteen money for snacks, drinks or arcade games.

Daily lunch can be provided by the Halftime Cafe upon completion of the order form. The daily lunch form will be included in the Camper Form packet which will be available on May 1st online. If you are packing a lunch please avoid including nuts as we are a nut free camp!

For special events during the week we will inform you of any extra equipment or clothing that will be needed.

For more information, please see the Parent Handbook available online May 1, 2020.

Staff and Saftey



The Danvers Indoor Sports staff consists of passionate, experienced and responsible individuals who enjoy working with children of all ages. All DIS staff are **CPR** and **First Aid certified**, and have received a thorough background check, which includes three references, CORI and SORI checks. The child to staff ratio is 10:1 for ages 5 and up. This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. To ensure camper safety, DIScover Summer Camp has strict sign-in and pick-up policies. Please familiarize yourself with these policies before your first day of camp to avoid any confusion.

ELECTIVES/SPECIAL EVENTS

Electives

At the beginning of each week, children will get to choose special activities to participate in based on their interests.

These activities will vary from week to week, but will be led by our DIScover coaches as well as some special guests. The electives program may include the following activities:

- Soccer
- Kickhall
- Basketball
- Rugby
- Wifflehall
- Lacrosse
 - *campers must provide lacrosse stick.



DIScover Special Events and Field Trips



- Pre-Week: Mini Golf
- Week 1: Bubble Soccer at DIS
- Week 2: Ropes Course at 'In the Game'
- Week 3: Endicott Park
- Week 4: Sunny Side Bowling
- Week 5: Rock Wall at 'In The Game'
- Week 6: Curious Creatures @ DIS
- Week 7: Movies
- Week 8: Bubble Soccer at DIS
- Week 9: Endicott Park
- Week 10: Laser Tag at 'In the Game'

SUMMER PROGRAMS



Ages: 5-12

Time: 9:00AM - 3:00PM

Dates: July 6-10, August 3-7,

August 10-14

Description: DIScover Football Camp is a fundamental based and fun camp. Children will work on skills such as throwing, running, catching, cutting, backpedaling and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Ultimate Football, Flag Football, Capture the Ball, and Dodgeball.



SUMMER PROGRAMS



Ages: 5-12

Time: 9:00AM - 12:00PM Half Day

9:00AM - **3:00**PM Full Day

Dates: July 13-16

Description: DIScover Basketball Camp is a fundamental based and fun camp. Children will work on skills such as dribbling. scoring, defending, rebounding and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Steal the Bacon, Knock Out, Relay Races, and Dodgeball!.

Member Rate: \$285 Non-Member Rate: \$310

Half Day Option Available



Get your friends together for competition and fun in the DIS Summer Basketball Leagues. Divisions are based on skill level and will be determined by the number of teams registered. Each team will play 10 Games and automatic entry into playoffs. DIS only uses Massachusetts patched IAABO officials for every game. Men's games are played on Mondays, Tuesdays, and Wednesdays

Men's

Regular Season Game Weeks: 5/26, 6/1, 6/8, 6/15, 6/22, 6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10, 8/17, 8/24, 8/31, 9/7, 9/14

Tuesday Night League Playoff Weeks:
August 3-17

Mon./Wed. League Playoff Weeks: August 31-September 14





Women's

Regular Season Game Weeks: 5/27, 6/3, 6/10, 6/17, 6/24, 7/1, 7/8, 7/15, 7/22, 7/29

Playoffs: 8/4, 8/11, 8/18

For more information and to register, visit:

www.danversindoorsports.com/ mens-sports/mens-basketball

www.danversindoorsports.com/ mens-sports/mens-basketball

Danvers Indoor Sports - Volleyball Academy

Camp

Week 1: July 20-23 Week 2: August 3-6

The DIS volleyball camp is designed to prepare athletes for their upcoming season through teaching strong fundamentals, as well as furthering their individual skill, court awareness, and volleyball IQ.





Preseason Boot Camp

August 10-14

Get ready for tryouts with the DIS Volleyball Academy Boot Camp. The focus of camp will be to get as many game-like touches as possible with conditioning built into every drill.

For more information and to register, visit: www.danversindoorsports.com/volleyball

ASA & Nike Basketball Camp



July 6-10 and July 27-31

A Step Ahead (ASA) Nike Basketball Camps are designed for the player looking to improve their game and basketball IQ. Emphasis is placed on fundamental development, shooting, offense/defense, team play, and more.

For more information and to register, visit: https://www.ussportscamps.com/basketball/nike/nike-basketball-camp-danvers-indoor-sports

Level Up Lacrosse



Youth Lacrosse Program
July 6-9

Girls Middle School 9:00am-10:30am

Girls HS 10:30am-12:00am

Boys Grades 1-8 9:00am-12:00pm

The Level Up coaching team will be running a 4 day summer program for boys and girls, grades 1-8. They will focus on the fundamental skills of lacrosse through constant drills, competitions, and small-sided games. The goal is to make it fun and push everybody from whatever skill level they come in with, to the next!

For more information and to register, visit: www.danversindoorsports.com
Youth Sports Page

Aztec Padova FC



FC Padova Summer Training June 12 - August 27

Soccer Training focused on individual technical, and tactical player development.

For more information and to register, visit: www.FCPadova.com

Gymja Warrior



June 29 - September 4

Gymja Warrior summer camp is designed to challenge camper's physical abilities as well as teach them key values for personal growth.

The morning sessions focus on Parkour and Flips while the afternoon sessions focus on Ninja training skills. Both sessions will have structured games teaching the weekly value.

For more information and to register, visit: www.gymjawarrior.com/summercamp

Repertoire Fitness Athlete



College Programs: June 8 - August 21 (11 Weeks)

HS/Middle School Programs:

June 22 - August 21 (9 Weeks)

The Summer Program runs for 9 weeks and consists of strength/ speed/ agility/ and conditioning training for athletes at the middle school, high school, and collegiate level. Each session is 1 hour of lifting and 1 hour of conditioning training that is catered to specific sports and athlete's needs. The program will help athletes get ready for their sports seasons and help them maintain throughout their seasons. Repertoire Fitness also offers programs for under 12 athletes who may need help with coordination, agility, foot work, speed, plyometrics, and strength training.

10 Weeks of Training:

This program is for youth, middle school, high school, and college athletes to improve agility to increase quickness and reaction ability, enhance linear and lateral speed, learn proper running techniques, engage core muscles, and strengthen joints. Each session runs 1 hour.

For more information and to register, visit: www.rep-fitness.com

Universal Basketball Training



Skills and Drills
June 22 - August 31

Skills & drills are a fun energetic group workout shared by all players in the program.

10 Weeks of Training:

Wednesdays - 3rd-5th Grade, 4-5pm Wednesdays - 6th-8th, 5-6pm Wednesdays - High school, 6-7pm Meerkat - Team Training Summer League

Private, Semi-Private and Group Trainings are one hour in duration and by appointment only.

For more information and to register, visit: www.UniversalBasketballTraining.com



Skillz Check Summer Soccer Skills Training:

July 6-10, July 20-24, Aug. 3-7

Summer Soccer Skillz Clinics focus on the technical skills that help players develop critical speed and confidence with the ball. Coach Mo Keita and his team tailor all training to the individual player for maximum results.

For more information and to register, visit: www.skillzcheck.com



Danvers Indoor Sports

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SUMMER PROGRAMS at DIS LILL KICKERS BIRTHDAY PARTIES



Danvers Indoor Sports Lil' Kickers Birthday Parties (Ages 2-9)

DIS Lil' Kickers Coaches are ready to plan your next birthday party!

With so many Lil' Kickers
games to choose from, and
our high energy coaches,
your party will be so much fun!
Party includes 60 minutes
of field time and
30 minutes of a designated party area!





Cost: \$350 members; \$375 non-members for up to 12 children. \$5 per child after 12. Parties can be booked on Saturdays from noon-3pm. To book your party, e-mail Coach Luke at luke@danversindoorsports.com.

danversindoorsports.com/lilkickers | danvers@lilkickers.com | 978-774-kick



Danvers Indoor Sports

WILMINGTON

978-777-7529 info@danversindoorsports.com







33 Upton Drive, Wilmington, MA 01887





If you are interested in renting a field, please email: **Josh@danversindoorsports.com**

If you are interested in hosting a birthday party at Danvers Indoor Sports Wilmington, please email:

Judy@danversindoorsports.com

Available Programs:







Deliciously fun





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