



2021

**DANVERS INDOOR
SPORTS**

Today's Athlete and Tomorrow's Champion

SUMMER PROGRAMS



at **Danvers Indoor Sports**



DIScover Summer Camp
June 14th - August 27th



ABOUT DANVERS INDOOR SPORTS

Danvers Indoor Sports is a state-of-the-art climate controlled indoor sports facility that houses eight turf athletic fields, four basketball courts, on site concessions and catering, arcade games and more!



DIS is dedicated to providing youth with a safe environment to be active year-round. DIS promotes sports such as soccer, football, basketball, lacrosse, volleyball, field hockey and offers classes and activities throughout the year. These resources and programs teach children how to work as a team to achieve a common goal, encourage healthy competition and support positive physical and emotional self-esteem.



Dear 2021 Camp Families,

What a year it's been! We continue to be grateful and appreciative to our amazing staff and customers for following covid-19 policies and procedures. Our number one priority has always been and will continue to be the safety, health, and wellness of our staff and customers.

During summer 2020, we had to pivot and make changes to our summer programming and implement new guidelines. We are so proud of our Directors and Coaches for successfully running seven fun filled weeks of sports clinics!

As we write this letter in early March, we are hopeful we will be able to run our classic summer camp and sports camps. We know there will be guidelines including mask wearing, distancing, and sanitizing. We are confident we will continue to provide quality programs to our community. This camp guide outlines our hopes for summer 2021 with the understanding if we need to be flexible and change with the times, we will.

We are excited to see you on the sports fields this summer and as always, please let us know if you have any questions.

Save the Date for a 2021 virtual summer camp open house on **Sunday, April 11 at 2:00pm.**

Here's to a great summer together!

DIS Management Team

Please note, the pictures in this camp guide were taken before 2020. The pictures on this page were taken during our summer 2020 clinics.



Dear 2021 Camp Families,

We are so excited to welcome you back to DIScover Summer Camp! We are looking forward to a safe and amazing summer! As you can imagine, camp might look a little different with masks, social distancing, and lots of sanitizing, however, the coaches and I will continue to provide an excellent summer camp experience. As guidelines change, we will keep you updated.

We are excited to be offering DIScover Summer Flag Football and Basketball Camps! Please see camp details within this guide for more information.

We believe Danvers Indoor Sports is the perfect place for your child to experience a summer filled with learning new skills through activities and games, how to work as part of a team and good sportsmanship all while building friendships and having lots of FUN!

Please read through our camp guide and explore what DIScover Summer Camp has to offer your family! If you have any questions, please email me at Anthony@danversindoorsports.com

Best Regards,

Coach Anthony

DIScover Summer Camp Director

Please note, the pictures in this camp guide were taken before 2020. The pictures on this page were taken during our summer 2020 clinics.



DISCOVER SUMMER CAMP THE PROGRAMMING

**Ages
5-15**

Full Day

Ages: 5-12

Time: 9:00AM - 3:00PM

Description: Come join us for an exciting and high energy filled day of DIScover Summer Camp! Campers ages 5 - 12 will have an opportunity to participate in sports, games, and summer fun activities. Children will participate in classic camp style games such as relay races, fishy fishy, steal the bacon, ultimate frisbee as well as electives and special events. Campers will learn new skills in a fun and safe environment while practicing good sportsmanship. Campers will come to camp excited and leave looking forward to their next camp day!

C.I.T.

Ages: 13-15 Time: 9:00AM - 3:00PM
(extended care available)

Description: In 2021, CIT's will be part of a pre camp training session and daily training with DIScover Camp Senior Staff through conversations and group challenges focused on leadership, inclusion, communication, and teamwork. These training sessions will prepare CIT's to assist the DIScover Coaches in the afternoon of each camp day. CIT's will have the opportunity to participate in sports and games throughout the day. CIT's must attend a minimum of two weeks.

Half Day

Ages: 5-12 Time: 9:00AM - 12:00PM
Time: 12:00PM - 3:00PM
(extended care available)

Description: Join us for a Half Day camp in the morning or in the afternoon. This camp encourages younger children that may not be able to complete a full day of camp to learn new skills, build friendships and play high energy games in a safe environment.

DISCOVER SUMMER CAMP

RATES AND REGISTRATION

DIS Member Daily Rate: _____ **\$65.00**

Non-Member Daily Rate: _____ **\$70.00**

Half Day: _____ **\$40.00**

DIS Annual Membership: _____ **Individual - \$30**
Family - \$60

CIT Program: _____ **50% off weekly rate**
(minimum 2 weeks)

Extended Care: _____ **\$15/hour per child**
Before Care (8:00AM - 9:00AM)
and After Care (3:00PM - 4:00PM)

Sibling Discount: _____ **5% off each**
additional sibling

- 1.** Visit www.danversindoorsports.com/summer-camp
- 2.** Click the link and it will bring you to the registration page
- 3.** On May 1, 2021 necessary paperwork will be available to download on the DIS Summer Camp webpage. Please mail/bring them into DIS by June 1, 2021. All paperwork must be submitted by Tuesday, June 1, 2021 in order for the child to participate in camp.

DISCOVER SUMMER CAMP WEEKS

Pre Week

Hawaiian Day June 14 - June 18

(DIScover Football Camp)

Week 1

Super Hero Day

June 21 - June 25

(DIScover Basketball Camp)

Week 2

Crazy Hair & Sock Day

June 28 - July 2

(DIScover Football Camp)

Week 3

Color War Week

July 5 - July 9

Week 4

New England / Boston Sports Day

July 12 - July 16

(DIScover Football Camp)

Week 5

Pajama Day

July 19 - July 23

Week 6

Worldwide Safari Day

July 26 - July 30

(DIScover Football Camp)

Week 7

Backwards Day

August 2 - August 6

Week 8

DIS Summer Olympics Week

August 9 - August 13

(DIScover Football Camp)

Week 9

Mismatch Day

August 16 - August 20

(DIScover Basketball Camp)

Week 10

Dress like a DIScover Coach Day

August 23 - August 27

DISCOVER SUMMER CAMP

SAMPLE CAMP SCHEDULE

9:00AM

Drop Off

9:15AM

Welcome Announcements

9:30AM

Warm Up Game of Tag

10:00AM

Sports Game

10:30AM

Snack

11:00AM

Team Building Challenge

11:30AM

Large Group Game

12:00PM

Lunch

12:30PM

Card and Board Games

1:00PM

Electives

2:00PM

Team Sports

2:30PM

Free Play

3:00PM

Pick Up



DISCOVER SUMMER CAMP WHAT TO WEAR / BRING



All campers must wear a mask at all times.

Please have your camper arrive with a mask and leave an extra mask in his/her backpack.



Suggested daily packing list: Backpack, a non-refrigerated nut-free lunch, sneakers and water bottle.

For special events during the week we will inform you of any extra equipment or clothing that will be needed.

For more information, please see the Parent Handbook available online May 1, 2021.

*Staff and
Safety*



The Danvers Indoor Sports staff consists of passionate, experienced and responsible individuals who enjoy working with children of all ages. All DIS staff are **CPR** and **First Aid certified**, and have received a thorough background check, which includes three references, CORI and SORI checks. The child to staff ratio is 10:1 for ages 5 and up. This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. To ensure camper safety, DIScover Summer Camp has strict sign-in and pick-up policies. Please familiarize yourself with these policies before your first day of camp to avoid any confusion.

DISCOVER SUMMER CAMP ELECTIVES / SPECIAL EVENTS

Electives

At the beginning of each week, children will get to choose special activities to participate in based on their interests.

These activities will vary from week to week, but will be led by our DIScover coaches as well as some special guests. The electives program may include the following activities:

- **Soccer**
- **Kickball**
- **Basketball**
- **Rugby**
- **Wiffleball**
- **Lacrosse**

*campers must provide lacrosse stick.



For more information, e-mail:
sandy@danversindoorsports.com

Or Visit:
danversindoorsports.com/birthday-parties

DISCOVER SUMMER CAMP SUMMER PROGRAMS



Ages: 3.5 - 5

Time: 9:00AM - 12:00PM

Dates: 3 days per week
(Tue. / Wed. / Thurs.)

Week 1: June 29-July 1

Week 2: July 6-8

Week 3: July 20-22

Week 4: July 27-29

Week 5: August 10-12

Week 6: August 17-19

Cost: \$40 per day

Description: The focus of the Jr's summer clinic is threefold: advancement of gross and fine motor skills through athletic and creative activities, social development, and discovery.

At DIScover Jr's Mini Clinic we have modified traditional activities so our youngest athletes can experience fun and success. Your athlete will enjoy learning the basic skills of traditional sports as well as discover the fun of backyard games such as tag, treasure hunts, rail trail hikes, and obstacle courses.

To register, visit:

danversindoorsports.com/discover-juniors

For more information, e-mail Coach Sandy at:

sandy@danversindoorsports.com



DISCOVER SUMMER CAMP

SUMMER PROGRAMS



Ages: 5-12

Time: 9:00AM - 3:00PM

Dates: June 14-18,
June 28 - July 2, July 12-16,
July 26-30, August 9-13

Description: DIScover Football Camp is a fundamental based and fun camp. Children will work on skills such as throwing, running, catching, cutting, backpedaling and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Ultimate Football, Flag Football, Capture the Ball, and Dodgeball.

Member Rate: \$375

Non-Member Rate: \$400



DISCOVER SUMMER CAMP SUMMER PROGRAMS

Ages: 5-12

Time: 9:00AM - 3:00PM

Dates: June 21-25,
August 16-20

DIScover Summer Basketball Camp

Description: DIScover Basketball Camp is a fundamental based and fun camp. Children will work on skills such as dribbling, scoring, defending, rebounding and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Steal the Bacon, Knock Out, Relay Races, and Dodgeball!.

Member Rate: \$375

Non-Member Rate: \$400



SUMMER PROGRAMS at DIS

Get your friends together for competition and fun in the DIS Summer Basketball Leagues. Divisions are based on skill level and will be determined by the number of teams registered. Each team will play 10 Games and automatic entry into playoffs. DIS only uses Massachusetts patched IAABO officials for every game. Men's games are played on Mondays, Tuesdays, and Wednesdays

Men's

Regular Season Game Weeks:

6/14, 6/16, 6/21, 6/23, 6/28,
6/30, 7/5, 7/7, 7/12, 7/14,
7/19, 7/21, 7/26, 7/28, 8/2,
8/4, 8/9, 8/11, 8/16, 8/18

League Playoff Weeks:

August 23, 25, 30
September 1, 6



Women's

Regular Season Game Weeks:

TBD

Playoffs:

TBD

For more information and to register, visit:

www.danversindoorsports.com/mens-sports/mens-basketball

Danvers Indoor Sports - Volleyball Academy

Clinic

Week 1: July 19-22

Week 2: August 2-5

The DIS volleyball camp is designed to prepare athletes for their upcoming season through teaching strong fundamentals, as well as furthering their individual skill, court awareness, and volleyball IQ.



Preseason Boot Camp

August 9-13

Get ready for tryouts with the DIS Volleyball Academy Boot Camp. The focus of camp will be to get as many game-like touches as possible with conditioning built into every drill.

For more information and to register, visit: www.danversindoorsports.com/volleyball

SUMMER PROGRAMS at DIS

Level Up Lacrosse

level up lacrosse

High School Girls Skills Clinic

July 7, 8, 14, 15, 21

Wed. & Thurs. Mornings, 10:00am - 11:30am

Varsity coaches will work with High School athletes to meet them where they are in their skill development and equip them with what they need to get to the next level. While curriculum and pace of progression will depend on numbers and skill level, some of the skills players will work on include: passing, catching, shooting, dodging, off-ball movement, defensive footwork, and offensive awareness.

For more information and to register, visit:

www.danversindoorsports.com/girls-sports/girls-lacrosse

Gymja Warrior



June 28 - September 3

Gymja Warrior summer camp is designed to challenge camper's physical abilities as well as teach them key values for personal growth. The morning sessions focus on Parkour and Flips while the afternoon sessions focus on Ninja training skills. Both sessions will have structured games teaching the weekly value.

For more information and to register, visit:

www.gymjawarrior.com/summercamp

A Step Ahead (ASA) Basketball Camp



June 28-July 2, July 6-9, July 26-30

ASA Step and Nike Basketball Camps are geared for all ages and abilities. All campers are expected to work very hard, be receptive to coaching, exhibit discipline, a strong work ethic, and be serious about basketball. As a staff we pride ourselves in being teaching camp first, campers are expected to learn and exhibit certain skills throughout the week. Scrimmaging and contests will take place throughout the week.

For more information and to register, visit:

www.ussportscamps.com/basketball/nike/nike-basketball-camp-danvers-indoor-sports



SUMMER PROGRAMS at DIS

Repertoire Fitness Athlete



College Programs:
June 7 - August 13
(10 Weeks)

**High School
Programs:**
June 21 - August 20
(9 Weeks)

The Summer Program runs for 9 weeks and consists of strength/ speed/ agility/ and conditioning training for athletes at the middle school, high school, and collegiate level. Each session is 1 hour of lifting and 1 hour of conditioning training that is catered to specific sports and athlete's needs. The program will help athletes get ready for their sports seasons and help them maintain throughout their seasons. Repertoire Fitness also offers programs for under 12 athletes who may need help with coordination, agility, foot work, speed, plyometrics, and strength training.

Training Program Details:

This program is for youth, middle school, high school, and college athletes to improve agility to increase quickness and reaction ability, enhance linear and lateral speed, learn proper running techniques, engage core muscles, and strengthen joints. Each session runs 1 hour.

For more information and to register, visit:
www.rep-fitness.com

Universal Basketball Training



Skills and Drills
June 16 - August 18

Skills & drills are a fun energetic group workout to enhance your basketball skills.

Meerkat Team Training
June 14 - August 20

Summer teams are a great way to have fun and upgrade your basketball skills at the same time.

10 Weeks of Training:

Wednesdays - 3rd-5th Grade, 4-5pm

Wednesdays - 6th-8th, 5-6pm

Wednesdays - High school, 6-7pm

Meerkat - Team Training Summer League

Private, Semi-Private and Group Trainings are one hour in duration and by appointment only.

For more information and to register, visit:
www.UniversalBasketballTraining.com



Skillz Check
Summer Soccer Skills Training:
July 5-9, July 12-16, July 19-23

Skillz Check clinics focus on the technical skills that help players develop speed and confidence with the ball. The Summer clinic series - designed and run by founder Mo Keita - incorporates technical, tactical, and game training as well as many fun activities. Clinics are open to players ages 5 to 18 who are grouped on site by age and skill level to maximize the individual development and enjoyment for all players.

For more information and to register, visit:
www.skillzcheck.com

SUMMER PROGRAMS at DIS
LIL' KICKERS



Lil' Kickers
AND SKILLS INSTITUTE
18 months - 12 years



**TRY A
FREE CLASS
TODAY!**

**Summer Session
Starting June 1st**

**Open Enrollment,
Join Anytime!**

Visit:
www.LKBoston.com
to register

Danvers Indoor Sports
150R Andover St.
Danvers, MA
Danvers@lilkickers.com
978-774-KICK

**Danvers Indoor
Sports Wilmington**
37 Upton Drive
Wilmington, MA
978-774-KICK

SUMMER PROGRAMS at DIS

LIL' KICKERS BIRTHDAY PARTIES



Danvers Indoor Sports Lil' Kickers Birthday Parties (Ages 2-9)

DIS Lil' Kickers Coaches are ready to plan your next birthday party!

**With so many Lil' Kickers
games to choose from, and
our high energy coaches,
your party will be so much fun!
Party includes 60 minutes
of field time and
30 minutes of a designated party area!**



**Cost: \$350 members;
\$375 non-members
for up to 12 children.
\$5 per child after 12.**

**Parties can be booked on Saturdays
from noon-3pm. To book your party,
e-mail Coach Luke at
luke@danversindoorsports.com.**

danversindoorsports.com/lilkickers | danvers@lilkickers.com | 978-774-kick



**DANVERS INDOOR
SPORTS**
WILMINGTON

Danvers Indoor Sports **WILMINGTON**

978-777-7529 info@danversindoorsports.com

Summer Programs @ DIS Wilmington Coming Soon!



Indoor Field - 170 ft. x 85 ft.



Outdoor Field - 170 ft. x 85 ft.

33 Upton Drive, Wilmington, MA 01887



If you are interested in renting
a field, please email:

Josh@danversindoorsports.com

**Available
Programs:**



**DIScover
KIDS**

