

DISGOVER YOUTH SPORTS (Ages 5-8 and 9-12)*

DIScover Youth is our grade school development program that utilizes sports to teach fundamentals and important concepts like sportsmanship, confidence, and respect. JOIN ANYTIME!



DIScover **BASKETBALL**10 Weeks / \$150.00
9/7-11/16 *(ages 5-12)

4:00PM TUESDAY

Athletes will learn and develop the following skills: dribbling and passing, shooting and rebounding, defensive concepts.



DIScover **LACROSSE**6 Weeks / \$90.00
10/10-11/14 *(ages 5-8)

3:00PM SUNDAY

Athletes will learn and deveop lacrosse skills such as: cradling, catching, throwing, scoring, defense, and scooping.



DIScover **FOOTBALL**10 Weeks / \$150.00
9/6-11/18 *(ages 5-12)

2:00PM SUNDAY 5:00PM MONDAY (ages 5-8) 4:00PM THURSDAY

Athletes will learn and develop the following skills: running and catching the ball, basic concepts and tecniques for offense and defense.



DIScover GIRLS FLAG FOOTBALL

4:00PM MONDAY

8 WEEKS / \$120.00 9/13-11/15 *(ages 5-12)

Flag Football is a fun, all-inclusive way to introduce young girls to the fundamental skills of football. We'll emphasize learning, positive core values, making friends, and having fun!

WWW.DANVERSINDOORSPORTS.COM/DISCOVER-YOUTH-SPORTS

For more information, email Coach Anthony at anthony@danversindoorsports.com

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