



YOUTH SPORTS (5-12) IN DANVERS AT DIS

**DANVERS INDOOR
SPORTS**

CLASSES START MID FEBRUARY 2022
8 WEEKS \$120.00 / 9 WEEKS \$135.00
JOIN ANYTIME. WE PRORATE!



DIScover **BASKETBALL**

Athletes will learn and develop the following skills: dribbling, passing, shooting, rebounding, and defensive concepts.

SUNDAY 9:00AM
TUESDAY 4:00PM



DIScover **LACROSSE**

Athletes will learn and develop lacrosse skills such as: cradling, catching, throwing, scoring, defense, and scooping.

SUNDAY 3:00PM



DIScover **FOOTBALL**

Athletes will learn and develop lacrosse skills: running and catching the ball, basic concepts and techniques for offense and defense.

SUNDAY 2:00PM
MONDAY 5:00PM
THURSDAY 4:00PM



DIScover **GIRLS FLAG FOOTBALL**

Athletes will learn and develop the following skills: running and catching the ball, basic concepts and techniques for offense and defense.

MONDAY 4:00PM



DIScover **BASEBALL**

Athletes will learn the following skills in our fundamental program: pitching, catching, batting, fielding, baserunning and defensive base tagging.

WEDNESDAY 4:30PM



DIScover **RUNNING**

Athletes learn basic running techniques, compete in age appropriate dashes and relay races, and play fun running games to build endurance. Ages 6-8.

WEDNESDAY 3:00PM

Register at www.danversindoorsports.com/discover-youth

Email anthony@danversindoorsports.com or sandy@danversindoorsports.com

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