



Today's Athlete and Tomorrow's Champion

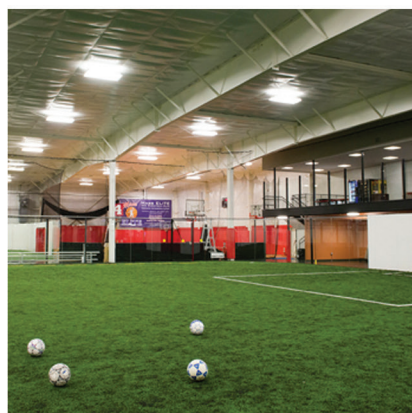
2022 SUMMER PROGRAMS at Danvers Indoor Sports



Discover Summer Camp
June 13th - September 2nd

ABOUT DANVERS INDOOR SPORTS

Danvers Indoor Sports is a state-of-the-art climate controlled indoor sports facility that houses eight turf athletic fields, four basketball courts, on site concessions and catering, arcade games and more!



DIS is dedicated to providing youth with a safe environment to be active year-round. DIS promotes sports such as soccer, football, basketball, lacrosse, volleyball, field hockey and offers classes and activities throughout the year. These resources and programs teach children how to work as a team to achieve a common goal, encourage healthy competition and support positive physical and emotional self-esteem.



Dear 2022 DIScover Summer Camp and Clinic Families,

Welcome back to DIScover Summer Programs!

Danvers Indoor Sports is excited to start the 9th year of DIScover Summer Camp and Clinics and has seen many campers ages 3.5-15 experience sports, games, events, activities, socializing, teamwork and most importantly, have fun!

In this summer guide, you will find a sample daily schedule for ages 5-15 and our creative weekly themes that feature fun, interactive and educational experiences. New this summer is Harry Potter and the Fantastic Beasts, Jungle Jam, and Creative Arts!

Our DIScover Jr's Summer Mini Clinic for preschoolers can expect a half day of high energy games and activities as well as outdoor exploring and an arts and craft component!

Save the Date for a DIScover Summer Camp Open House and Carnival Day on Saturday, April 9 1:30-3:30pm in Building 2 at DIS. Join us for fun activities and Camp Directors will be available to answer questions.

We are really excited for another great summer together!

In Sport and Wellness,

Coaches Anthony Carter and Sandy Mahoney

DIScover Program Directors

Anthony@danversindoorsports.com

Sandy@danversindoorsports.com

DISCOVER SUMMER CAMP THE PROGRAMMING

Ages
5-15

Full Day

Ages: 5-12

Time: 9:00AM - 3:00PM

Description: Come join us for an exciting and high energy filled day of DIScover Summer Camp! Campers ages 5 - 12 will have an opportunity to participate in sports, games, and summer fun activities. Children will participate in classic camp style games such as relay races, fishy fishy, steal the bacon, ultimate frisbee as well as electives and special events. Campers will learn new skills in a fun and safe environment while practicing good sportsmanship. Campers will come to camp excited and leave looking forward to their next camp day!

C.I.T.

Ages: 13-15 **Time:** 9:00AM - 3:00PM
(extended care available)

Description: In 2022, CIT's will be part of a pre camp training session and daily training with DIScover Camp Senior Staff through conversations and group challenges focused on leadership, inclusion, communication, and teamwork. These training sessions will prepare CIT's to assist the DIScover Coaches in the afternoon of each camp day. CIT's will have the opportunity to participate in sports and games throughout the day. CIT's must attend a minimum of two weeks.

Half Day

Ages: 5-12 **Time:** 9:00AM - 12:00PM
12:00PM - 3:00PM
(extended care available)

Description: Join us for a Half Day camp in the morning or in the afternoon. This camp encourages younger children that may not be able to complete a full day of camp to learn new skills, build friendships and play high energy games in a safe environment.



DISCOVER SUMMER CAMP RATES AND REGISTRATION

DIS Member Daily Rate: _____ **\$70.00**

Non-Member Daily Rate: _____ **\$75.00**

DIS Member Half Day Rate: _____ **\$40.00**

Non-Member Half Day Rate: _____ **\$45.00**

DIS Annual Membership: _____ **Individual - \$30**
Family - \$60

CIT Program: _____ **50% off weekly rate**
(minimum 2 weeks)

Extended Care: _____ **\$15/hour per child**
Before Care (8:00AM - 9:00AM)
and After Care (3:00PM - 4:00PM)

Sibling Discount: _____ **5% off each**
additional sibling

- 1.** Visit www.danversindoorsports.com/summer-camp
- 2.** Click the link and it will bring you to the registration page
- 3.** On May 2, 2022 necessary paperwork will be available to download on the DIS Summer Camp webpage. Please mail/bring them into DIS by June 1, 2022.



DISCOVER SUMMER CAMP WEEKS

Pre Week

Summer Blast Off June 13 - June 17

Week 1

Color War

June 20 - June 24

(DIScover Basketball Camp)

Week 2

DIScover Cinemas

June 27 - July 1

Week 3

Star Spangled Banner

July 5 - July 8

Week 4

Harry Potter / Fantastic Beasts

July 11 - July 15

(DIScover Football Camp)

Week 5

DIScover Olympics

July 18 - July 22

Week 6

Boston Sports Week

July 25 - July 29

Week 7

Jungle Safari

August 1 - August 5

(DIScover Lacrosse Camp)

Week 8

**Multiverse /
Super Hero Week**

August 8 - August 12

(DIScover Football Camp)

Week 9

DIScover Spirit Week

August 15 - August 19

Week 10

Hawaiian Luau

August 22 - August 26

(DIScover Basketball Camp)

Week 11

Creative Arts Weeks

August 29 - September 2

DISCOVER SUMMER CAMP

SAMPLE CAMP SCHEDULE

9:00AM

Drop Off

9:15AM

Welcome Announcements

9:30AM

Warm Up Game of Tag

10:00AM

Sports Game

10:30AM

Snack

11:00AM

Team Building Challenge

11:30AM

Large Group Game

12:00PM

Lunch

12:30PM

Card and Board Games

1:00PM

Electives

2:00PM

Team Sports

2:30PM

Free Play

3:00PM

Pick Up



DISCOVER SUMMER CAMP WHAT TO WEAR/BRING



Suggested Daily Packing List:

Backpack, a non-refrigerated nut-free lunch, sneakers and water bottle.

For special events during the week we will inform you of any extra equipment or clothing that will be needed.

For more information, please see the Parent Handbook available online May 1, 2022.

Staff and Safety



The Danvers Indoor Sports staff consists of passionate, experienced and responsible individuals who enjoy working with children of all ages. All DIS staff are **CPR** and **First Aid certified**, and have received a thorough background check, which includes three references, CORI and SORI checks. The child to staff ratio is 10:1 for ages 3.5 and up. This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. To ensure camper safety, DIScover Summer Camp has strict sign-in and pick-up policies. Please familiarize yourself with these policies before your first day of camp to avoid any confusion.

DISCOVER SUMMER CAMP ELECTIVES / SPECIAL EVENTS

Electives

At the beginning of each week, children will get to choose special activities to participate in based on their interests.

These activities will vary from week to week, but will be led by our DIScover coaches as well as some special guests. The electives program may include the following activities:

- **Soccer**
- **Kickball**
- **Basketball**
- **Rugby**
- **Baseball**
- **Lacrosse**

*campers must provide lacrosse stick.



Special Events

- **June 24 - Bubble Soccer**
- **July 15 - Magician**
- **July 22 - Bubble Soccer**
- **August 5 - Curious Creatures**



DISCOVER SUMMER CAMP

SUMMER PROGRAMS



Ages: 3.5 - 5

Time: 9:00AM - 12:00PM

Dates: 3 days per week
(Tue. / Wed. / Thurs.)

Week 1: June 28-30

Week 2: July 5-7

Week 3: July 19-21

Week 4: July 26-28

Week 5: August 9-11

Week 6: August 16-18

Members: \$40 per day

Non-Members: \$45 per day

Description: The focus of the Jr's Summer Mini Clinic is threefold: advancement of gross and fine motor skills through athletic and creative activities, social development, and discovery.

At DIScover Jr's Mini Clinic we have modified traditional activities so our youngest athletes can experience fun and success. Your athlete will enjoy learning the basic skills of traditional sports as well as discover the fun of being an outdoor explorer, playing backyard games such as tag and chase, going on treasure hunts and trail hikes, and creating Mini Clinic masterpieces.

To register, visit:

danversindoorsports.com/discover/summer-camp

For more information, e-mail Coach Sandy at:

Sandy@danversindoorsports.com





DISCOVER SUMMER CAMP SUMMER PROGRAMS



Discover Summer Football Camp

Ages: 5-12

Time: 9:00AM - 3:00PM

Dates: June 27-July 1,
July 11-15, August 8-12

Description: DIScover Football Camp is a fundamental based and fun camp. Children will work on skills such as throwing, running, catching, cutting, backpedaling and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Ultimate Football, Flag Football, Capture the Ball, and Dodgeball.

Member Rate: \$400 Non-Member Rate: \$425



DISCOVER SUMMER CAMP

SUMMER PROGRAMS

DIScover Summer **Basketball Camp**

Ages: 5-12

Time: 9:00AM - 3:00PM

Dates: June 20-24,
August 22-26

Description: DIScover Basketball Camp is a fundamental based and fun camp. Children will work on skills such as dribbling, scoring, defending, rebounding and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Steal the Bacon, Knock Out, Relay Races, and Dodgeball!.

Member Rate: \$400 Non-Member Rate: \$425





DISCOVER SUMMER CAMP SUMMER PROGRAMS

Ages: 5-12

Time: 9:00AM - 3:00PM

Dates: August 1-5



DIscover Summer Lacrosse Camp

Description: DIscover Lacrosse Camp is a fundamental based and fun camp. Children will work in skills such as throwing, running, catching, cutting, cradling, defending and more. Children will scrimmage, go through various one on one competitions, and play classic camp style games like Ultimate Lacrosse, Capture the Ball, and Dodgeball.

Member Rate: \$400 Non-Member Rate: \$425



SUMMER PROGRAMS at DIS

Get your friends together for competition and fun in the DIS Summer Basketball Leagues. Divisions are based on skill level and will be determined by the number of teams registered. Each team will play 10 Games and automatic entry into playoffs. DIS only uses Massachusetts patched IAABO officials for every game.

Men's

Regular Season Game Weeks:
May 30th - August 1st

League Playoff Weeks:
August 8th - August 29th



Women's

Regular Season Game Weeks:
May 30th - August 1st

League Playoff Weeks:
August 8th - August 29th



For more information and to register, visit:

www.danversindoorsports.com/mens-sports/mens-basketball

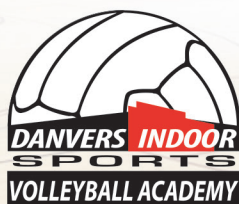
Danvers Indoor Sports - Volleyball Academy

Clinic

Week 1: July 25-28

Week 2: August 8-11

The DIS volleyball camp is designed to prepare athletes for their upcoming season through teaching strong fundamentals, as well as furthering their individual skill, court awareness, and volleyball IQ.



Preseason Boot Camp

August 15-19

Get ready for tryouts with the DIS Volleyball Academy Boot Camp. The focus of camp will be to get as many game-like touches as possible with conditioning built into every drill.

For more information and to register, visit: www.danversindoorsports.com/volleyball

SUMMER PROGRAMS at DIS

Repertoire Fitness Athlete



College Programs:
June 6 - August 12
(10 Weeks)

**High School/Middle School
Programs:**
June 20 - August 19
(9 Weeks)

The Summer Program runs for 9 weeks and consists of strength/ speed/ agility/ and conditioning training for athletes at the middle school, high school, and collegiate level. Each session is 1 hour of lifting and 1 hour of conditioning training that is catered to specific sports and athlete's needs. The program will help athletes get ready for their sports seasons and help them maintain throughout their seasons. Repertoire Fitness also offers programs for under 12 athletes who may need help with coordination, agility, foot work, speed, plyometrics, and strength training.

For more information and to register, visit:
www.rep-fitness.com



**A Step Ahead (ASA)
Basketball Camp**
June 27 - July 1,
July 5 - 8, August 1 - 5

ASA Step and Nike Basketball Camps are geared for all ages and abilities. All campers are expected to work very hard, be receptive to coaching, exhibit discipline, a strong work ethic, and be serious about basketball. As a staff we pride ourselves in being teaching camp first, campers are expected to learn and exhibit certain skills throughout the week. Scrimmaging and contests will take place throughout the week.

For more information and to register, visit:
www.ussportscamps.com/basketball/nike/nike-basketball-camp-danvers-indoor-sports

Universal Basketball Training



Skills and Drills
June 13 - August 22

Skills & drills are a fun energetic group workout to enhance your basketball skills.

Meerkat Team Training
June 21 - August 11

Summer teams are a great way to have fun and upgrade your basketball skills at the same time.

10 Weeks of Training:

Wednesdays - 3rd-5th Grade, 4-5pm

Wednesdays - 6th-8th, 5-6pm

Wednesdays - High school, 6-7pm

Meerkat - Team Training Summer League

Private, Semi-Private and Group Trainings are one hour in duration and by appointment only.

For more information and to register, visit:
www.UniversalBasketballTraining.com



Skillz Check
Summer Soccer Skills Training:
July 25 - 29, August 8 - 12, 15 - 19

Skillz Check clinics focus on the technical skills that help players develop speed and confidence with the ball. The Summer camp series - designed and run by founder Mo Keita - incorporates technical, tactical, and game training as well as many fun activities. Clinics are open to players ages 4 to 16 who are grouped on site by age and skill level to maximize the individual development and enjoyment for all players.

For more information and to register, visit:
www.skillzcheck.com

YEAR-ROUND PROGRAMS at DIS

DIScover Sports and Play Weekly Year-Round Programs at DIS in Danvers and Wilmington

For more information, e-mail:

Sandy@danversindoorsports.com or
Anthony@danversindoorsports.com

Tots: Ages 2.5-3.5

Jr's: Ages 3.5-5

Youth: Ages 5-12

Description: DIScover Sports and Play is a weekly child development and sport introduction program for ages 2.5-12. Each session, we offer classes in football, basketball, lacrosse, multisport, running, hockey, running and baseball where we introduce sports through fun, high energy games and activities. Your young athlete will begin to develop skills, understanding, sportsmanship, and teamwork. Classes are 50 minutes long and sessions generally run for 8 weeks.

\$16 per Class We Prorate, Join Anytime!



SUMMER PROGRAMS at DIS
LIL' KICKERS



Lil' Kickers
AND SKILLS INSTITUTE
18 months - 12 years



**TRY A
FREE CLASS
TODAY!**

**Open Enrollment,
Join Anytime!**

Visit:
www.LKBoston.com
to register

Danvers Indoor Sports
150R Andover St.
Danvers, MA
Danvers@lilkickers.com
978-774-KICK

**Danvers Indoor
Sports Wilmington**
37 Upton Drive
Wilmington, MA
978-774-KICK

SUMMER PROGRAMS at DIS
LIL' KICKERS BIRTHDAY PARTIES



Danvers Indoor Sports Lil' Kickers Birthday Parties (Ages 2-9)

DIS Lil' Kickers Coaches are ready to plan your next birthday party!

**With so many Lil' Kickers
games to choose from, and
our high energy coaches,
your party will be so much fun!
Party includes 60 minutes
of field time and
30 minutes of a designated party area!**



**Cost: \$350 members;
\$375 non-members
for up to 12 children.
\$5 per child after 12.
Parties can be booked on Saturdays
from noon-3pm. To book your party,
e-mail Coach Luke at
luke@danversindoorsports.com.**

danversindoorsports.com/lilkickers | danvers@lilkickers.com | 978-774-kick



**DANVERS INDOOR
SPORTS**
WILMINGTON

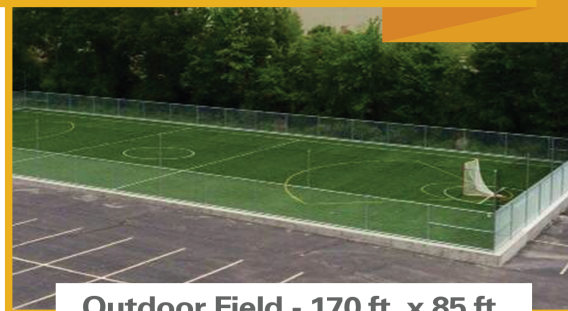
Danvers Indoor Sports **WILMINGTON**

978-777-7529 info@danversindoorsports.com

Summer Programs @ DIS Wilminton Coming Soon!



Indoor Field - 170 ft. x 85 ft.



Outdoor Field - 170 ft. x 85 ft.

33 Upton Drive, Wilmington, MA 01887



If you are interested in renting
a field, please email:

Josh@danversindoorsports.com

**Available
Programs:**



**DIScover
KIDS**

The 2022 DIS Summer Program Brochure was printed in March, 2022 and is subject to change. Please check danversindoorsports.com for up to date information.

