



Today's Athlete and Tomorrow's Champion

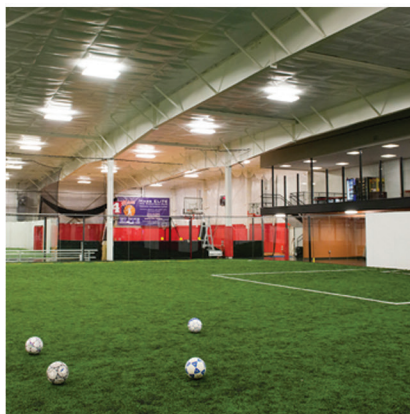
2023 Summer PROGRAMS at Danvers Indoor Sports



DIScover Summer Camp
June 12th - September 1st

ABOUT DANVERS INDOOR SPORTS

Danvers Indoor Sports is a state-of-the-art climate controlled indoor sports facility that houses seven turf athletic fields, five basketball courts, on site concessions and catering, arcade games and more!



DIS is dedicated to providing youth with a safe environment to be active year-round. DIS promotes sports such as soccer, football, basketball, lacrosse, volleyball, field hockey, and offers classes and activities throughout the year. These resources and programs teach children how to work as a team to achieve a common goal, encourage healthy competition and support positive physical and emotional self-esteem.



Dear DIScover Summer Camp & Clinic Families,

Cheers to a decade! 2023 marks the 10th summer Danvers Indoor Sports (DIS) will provide children of the North Shore ages 3.5 to 15 with a lifetime of summer memories! DIScover summer programs include sports, games, events, arts and crafts, socializing, teamwork and most importantly, having fun!

We welcome back the families that continue to support DIScover Camps & Clinics and are excited to meet the families new to DIScover Camps & Clinics!

This guide provides you with basic information about DIScover Summer Camp & Clinics, including programming information, sample daily schedule, what to wear/bring, electives, and more. DIScover has some new features of summer camp, including:

- **Waterworks Wednesdays:** NEW this summer is a water component (*weather permitting)! Campers will keep cool playing with the Splash Tower, water balloons, water relays and more! Be sure to pack a bathing suit, towel & change of clothes. Please apply sunscreen before camp.
- **Theme Day Thursdays:** Thursdays are designated Theme Day at Camps & Clinics. Campers are highly encouraged to come to camp dressed to match the theme. We will play games and activities based on the theme!
- **Fun Fridays:** To wrap up the week, every Friday has a special field trip or fun activity in store for the campers, including Mini Golf at Richardson's, Magician, Carnival Day and More!

Please visit www.danversindoorsports.com/summer-camp for more details and to register.

If you have any questions, please contact us at the e-mail addresses below!

We are very excited for another great summer!

Coaches Anthony Carter and Alexa Richards

DIScover Program Directors

Anthony@danversindoorsports.com (Summer Camps)

Alexa@danversindoorsports.com (Mini Clinics)

DISCOVER SUMMER CAMP THE PROGRAMMING

Ages
5-15

Full Day

Ages: 5-12

Time: 9:00AM - 3:00PM

Description: Come join us for an exciting and high energy filled day of DIScover Summer Camp! Campers ages 5 - 12 will have an opportunity to participate in sports, games, and summer fun activities. Children will participate in classic camp style games such as relay races, fishy fishy, steal the bacon, ultimate frisbee as well as electives and special events. Campers will learn new skills in a fun and safe environment while practicing good sportsmanship. Campers will come to camp excited and leave looking forward to their next camp day!

C.I.T.

Ages: 13-15 **Time:** 9:00AM - 3:00PM
(extended care available)

Description: In 2023, CIT's will be part of a pre-camp training session and daily training with DIScover Camp Senior Staff through conversations and group challenges focused on leadership, inclusion, communication, and teamwork. These training sessions will prepare CIT's to assist the DIScover Coaches in the afternoon of each camp day. CIT's will have the opportunity to participate in sports and games throughout the day. CIT's must attend a minimum of two weeks.

Half Day

Ages: 5-12 **Time:** 9:00AM - 12:00PM
12:00PM - 3:00PM
(extended care available)

Description: Join us for a Half Day camp in the morning or in the afternoon. This camp encourages younger children that may not be able to complete a full day of camp to learn new skills, build friendships, and play high energy games in a safe environment.



DISCOVER SUMMER CAMP RATES AND REGISTRATION

DIS Member Daily Rate: _____ **\$75.00**

Non-Member Daily Rate: _____ **\$80.00**

DIS Member Half Day Rate: _____ **\$45.00**

Non-Member Half Day Rate: _____ **\$50.00**

DIS Annual Membership: _____ **Individual - \$40**
Family - \$70

CIT Program: _____ **50% off weekly rate**
(minimum 2 weeks)

Extended Care: _____ **\$15 / hour per child**
Before Care (8:00AM - 9:00AM)
and After Care (3:00PM - 4:00PM)

Sibling Discount: _____ **5% off each**
additional sibling

- 1.** Visit www.danversindoorsports.com/summer-camp
- 2.** Click the link and it will bring you to the registration page
- 3.** On May 5, 2023 necessary paperwork will be available to download on the DIS Summer Camp webpage. Please mail/bring them into DIS by June 1, 2023.

DISCOVER SUMMER CAMP WEEKS

Pre Week

Summer Blast Off June 12 - June 16

Week 1

Spirit Week

June 19 - June 23

(DIScover Basketball Camp)

Week 2

Super Hero Week

June 26 - June 30

(DIScover Jr.'s Summer Clinic)

Week 3

Color War

July 3, July 5 - July 7

(DIScover Jr.'s Summer Clinic)

Week 4

Luau

July 10 - July 14

(DIScover Football Camp)
(DIScover Jr.'s Summer Clinic)

Week 5

Summer Olympics

July 17 - July 21

(DIScover Jr.'s Summer Clinic)

Week 6

Jungle Safari

July 24 - July 28

(DIScover Jr.'s Summer Clinic)

Week 7

Boston Sports Week

July 31 - August 4

(DIScover Lacrosse Camp)
(DIScover Jr.'s Summer Clinic)

Week 8

DIScover Cinema

August 7 - August 11

(DIScover Jr.'s Summer Clinic)

Week 9

**Harry Potter and the
Fantastic Beasts**

August 14 - August 18

(DIScover Jr.'s Summer Clinic)

Week 10

DISney

August 21 - August 25

(DIScover Basketball Camp)
(DIScover Jr.'s Summer Clinic)

Week 11

Creative Arts Weeks

August 28 - September 1

DISCOVER SUMMER CAMP

SAMPLE CAMP SCHEDULE

9:00AM

Drop Off

9:15AM

Welcome Announcements

9:30AM

Warm Up Game of Tag

10:00AM

Sports Game

10:30AM

Snack

11:00AM

Team Building Challenge

11:30AM

Large Group Game

12:00PM

Lunch

12:30PM

Card and Board Games

1:00PM

Electives

2:00PM

Team Sports

2:30PM

Free Play

3:00PM

Pick Up



DISCOVER SUMMER CAMP WHAT TO WEAR/BRING



Suggested Daily Packing List:

Backpack, a non-refrigerated nut-free lunch, sneakers and water bottle with name.

For special events during the week we will inform you of any extra equipment or clothing that will be needed.

For more information, please see the Parent Handbook available online May 5, 2023.

Wednesdays: Bathing Suit, Towel, Change of Clothes. Please apply sunscreen before camp.

Thursdays: Weekly theme dress up.

Staff and Safety



The Danvers Indoor Sports staff consists of passionate, experienced and responsible individuals who enjoy working with children of all ages. All DIS staff are **CPR** and **First Aid** certified, and have received a thorough background check, which includes three references, CORI and SORI checks. The child to staff ratio is 5:1 for ages 3.5-5 and 10:1 for ages 5 and up. This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. To ensure camper safety, DIScover Summer Camp has strict sign-in and pick-up policies. Please familiarize yourself with these policies before your first day of camp to avoid any confusion.

DISCOVER SUMMER CAMP ELECTIVES / SPECIAL EVENTS

Electives

At the beginning of each week, children will get to choose special activities to participate in based on their interests.

These activities will vary from week to week, but will be led by our DIScover coaches as well as some special guests. The electives program may include the following activities:

- Soccer
- Basketball
- Baseball
- Kickball
- Rugby
- Lacrosse
 - *campers must provide lacrosse stick.



FUN FRIDAYS:

- Pre-Week: Field Day
- Week 1: Tye-Dye Day*
- Week 2: Bubble Soccer
- Week 3: Mini Golf at Richardson's, Middleton, MA
- Week 4: Luau
- Week 5: In the Game, Peabody, MA
- Week 6: Curious Creatures
- Week 7: Athletic Artists
- Week 8: Bubble Soccer
- Week 9: Magician
- Week 10: DISney activities and movie
- Week 11: Paint Party

*T-shirts will be provided for Tye-Dye Day

Transportation provided for field trips

Special Events and Field Trips



DISCOVER SUMMER CAMP

JR. SUMMER CLINIC



Members: \$45 per day
Non-Members: \$50 per day

Ages: 3.5 - 5

Time: 9:00 AM - 12:00 PM

Dates: 3 days per week
(Tue./Wed./Thurs.)

Week 1: June 27-29

Week 2: July 5-7

(Wed.-Fri. due to July 4th Holiday)

Week 3: July 11-13

Week 4: July 18-20

Week 5: July 25-27

Week 6: August 1-3

Week 7: August 8-10

Week 8: August 15-17

Week 9: August 22-24

Description: The focus of the Jr's Summer Mini Clinic is threefold: advancement of gross and fine motor skills through athletic and creative activities, social development, and discovery.

At DIScover Jr's Mini Clinic we have modified traditional activities so our youngest athletes can experience fun and success. Your athlete will enjoy learning the basic skills of traditional sports as well as discover the fun of being an outdoor explorer, playing backyard games such as tag and chase, going on treasure hunts and trail hikes, and creating Mini Clinic masterpieces.

To register, visit:

danversindoorsports.com/discover/summer-camp

For more information, e-mail Coach Alexa at:

Alexa@danversindoorsports.com

*Campers must be toilet trained to attend clinics





DISCOVER SUMMER CAMP SUMMER PROGRAMS

Ages: 5 -12

Time: 9:00AM - 3:00PM

Dates: June 26-June 30,
July 10-15, August 7-11



DIScover Summer Football Camp

Description: DIScover Football Camp is a fundamental based and fun camp. Children will work on skills such as throwing, running, catching, cutting, backpedaling and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Ultimate Football, Flag Football, and Capture the Ball!

Member Rate: \$410 Non-Member Rate: \$435



DISCOVER SUMMER CAMP

SUMMER PROGRAMS

DI/Scorer Summer **Basketball Camp**

Ages: 5 -12

Time: 9:00AM - 3:00PM

Dates: June 19-June 23,
August 21-25

Description: DI/Scorer Basketball Camp is a fundamental based and fun camp. Children will work on skills such as dribbling, scoring, defending, rebounding and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Steal the Bacon, Knock Out, and Relay Races!

Member Rate: \$410 Non-Member Rate: \$435





DISCOVER SUMMER CAMP SUMMER PROGRAMS

Ages: 5 -12

Time: 9:00AM - 3:00PM

Dates: July 31-August 4



DIScover Summer Lacrosse Camp

Description: DIScover Lacrosse Camp is a fundamental based and fun camp. Children will work in skills such as throwing, running, catching, cutting, cradling, defending and more. Children will scrimmage, go through various one on one competitions, and play classic camp style games like Ultimate Lacrosse, and Capture the Ball!

Member Rate: \$410 Non-Member Rate: \$435



SUMMER PROGRAMS at DIS

Get your friends together for competition and fun in the DIS Summer Basketball Leagues. Divisions are based on skill level and will be determined by the number of teams registered. Each team will play 10 Games and automatic entry into playoffs. DIS only uses Massachusetts patched IAABO officials for every game.

Men's

Regular Season Game Weeks:

May 15th - July 19th

League Playoff Weeks:

July 24th - August 21st



Women's

Regular Season Game Weeks:

May 15th - July 19th

League Playoff Weeks:

July 24th - August 21st



For more information and to register, visit:

www.danversindoorsports.com/mens-sports/mens-basketball

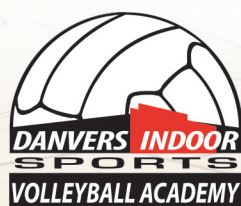
Danvers Indoor Sports - Volleyball Academy

Clinic

Week 1: July 24-27

Week 2: August 7-10

The DIS volleyball camp is designed to prepare athletes for their upcoming season through teaching strong fundamentals, as well as furthering their individual skill, court awareness, and volleyball IQ.



Preseason Boot Camp

August 14-18

Get ready for tryouts with the DIS Volleyball Academy Boot Camp. The focus of camp will be to get as many game-like touches as possible with conditioning built into every drill.

For more information and to register, visit:

www.danversindoorsports.com/volleyball

SUMMER PROGRAMS at DIS

Repertoire Fitness Athlete



College Programs:
June 5 - August 11
(10 Weeks)

**High School/Middle School
Programs:**
June 19 - August 18
(9 Weeks)

The Summer Program runs for 9 weeks and consists of strength/ speed/ agility/ and conditioning training for athletes at the middle school, high school, and collegiate level. Each session is 1 hour of lifting and 1 hour of conditioning training that is catered to specific sports and athlete's needs. The program will help athletes get ready for their sports seasons and help them maintain throughout their seasons. Repertoire Fitness also offers programs for under 12 athletes who may need help with coordination, agility, foot work, speed, plyometrics, and strength training.

For more information and to register, visit:
www.rep-fitness.com



**A Step Ahead (ASA)
Basketball Camp**
June 26 - June 30,
July 10 - 14, July 31 - August 4

Improve your game and have fun at Nike Basketball Camps! Sharpen your skill set with ASA Hoops AAU Coach, James Spinner for one, two or three weeks this summer!

A Step Ahead (ASA) Nike Basketball Camps are designed for the player looking to improve their game and basketball IQ. Emphasis is placed on fundamental development, shooting, offense/defense, team play, and more!

Highlights:

- Fundamental instruction, individual development, and team play
- Off-court discussions and activities to enhance on-court game
- Receive a Nike Basketball Camp t-shirt and other prizes!

For more information and to register, visit:
www.ussportscamps.com/basketball/nike/nike-basketball-camp-danvers-indoor-sports

Universal Basketball Training



Skills and Drills
June 12 - August 14

Skills & drills are a fun energetic group workout to enhance your basketball skills.

10 Weeks of Training:

Wednesdays - 3rd-5th Grade, 4-5pm

Wednesdays - 6th-8th, 5-6pm

Wednesdays - High school, 6-7pm

Meerkat - Team Training Summer League

Private, Semi-Private and Group Trainings are one hour in duration and by appointment only.

For more information and to register, visit:
www.UniversalBasketballTraining.com



Skillz Check
Summer Soccer Skills Training:
August 14 - 18, August 21 - 25

Skillz Check clinics focus on the technical skills that help players develop speed and confidence with the ball. The Summer camp series - designed and run by founder Mo Keita - incorporates technical, tactical, and game training as well as many fun activities. Clinics are open to players ages 4 to 16 who are grouped on site by age and skill level to maximize the individual development and enjoyment for all players.

For more information and to register, visit:
www.skillzcheck.com

YEAR-ROUND PROGRAMS at DIS

DIScover Sports and Play Weekly Year-Round Programs at DIS in Danvers and Wilmington

For more information, e-mail:
Alexa@danversindoorsports.com or
Anthony@danversindoorsports.com

Tiny Tots: Ages 18 months - 2.5

Tots: Ages 2.5 - 3.5

Jr's: Ages 3.5 - 5

Youth: Ages 5 - 12

Description: DIScover Sports and Play is a weekly child development and sport introduction program for ages 18 months - 12. Each session, we offer classes in football, basketball, lacrosse, multisport, gymnastics, running, hockey, and baseball where we introduce sports through fun, high energy games and activities. Your young athlete will begin to develop skills, understanding, sportsmanship, and teamwork. Classes are 50 minutes long and sessions generally run for 8 weeks.

We Prorate, Join Anytime!



SUMMER PROGRAMS at DIS SKILLS INSTITUTE



Up Your Game At Skills Institute Clinic



Danvers Indoor Sports
Monday - Friday, 9am- 12pm
Boys and Girls, Ages 5-12

July 24th - 28th
July 31st - August 4th
August 7th - August 11th
August 14th - 18th
\$225/week
Full week of registration required

Skills Institute Clinic is the perfect half-day camp for aspiring soccer players who want to take their game to the next level. Each day, experienced coaches guide players in building technical and tactical fundamentals through fun, dynamic soccer drills and games. Players apply their new skills and tactical knowledge during everyone's favorite part of the Clinic – scrimmage!

- Focus on all-around player development
- Clinic encompasses soccer drills, games and scrimmage each day
- Skill focus: passing, dribbling, trapping and shooting
- By the end of the week, players have improved their skills and their strategic knowledge



All participants will receive a
free, official Skills Institute
Clinic Training Top!

Luke Padilla
LKBoston@danversindoorsports.com
(978) 871-2830

SUMMER PROGRAMS at DIS
LIL' KICKERS BIRTHDAY PARTIES



Danvers Indoor Sports **Lil' Kickers** Birthday Parties (Ages 2-9)

DIS Lil' Kickers Coaches are ready to plan your next birthday party!

With so many Lil' Kickers games to choose from, and our high energy coaches, your party will be so much fun! Party includes 60 minutes of field time and 30 minutes of a designated party area!



Cost: \$395 members;
\$435 non-members
for up to 16 children.
\$5 per child after 16.
To book your party,
e-mail Coach Danny at
danny@danversindoorsports.com.

www.LKBoston.com — LKBoston@danversindoorsports.com



Danvers Indoor Sports **WILMINGTON**

978-777-7529 info@danversindoorsports.com

Summer Programs @ DIS Wilminton Coming Soon!



Indoor Field - 170 ft. x 85 ft.



Outdoor Field - 170 ft. x 85 ft.

33 Upton Drive, Wilmington, MA 01887



If you are interested in renting
a field, please email:

Josh@danversindoorsports.com

**Available
Programs:**



**DIScover
KIDS**

The 2023 DIS Summer Program Brochure was printed in March, 2023 and is subject to change. Please check danversindoorsports.com for up to date information.



Lil' Kickers **AND SKILLS INSTITUTE** 18 months - 12 years



**TRY A
FREE CLASS
TODAY!**

**Open Enrollment,
Join Anytime!**

Visit:
www.LKBoston.com
to register

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