



**DANVERS INDOOR
SPORTS**
Today's Athlete and Tomorrow's Champion

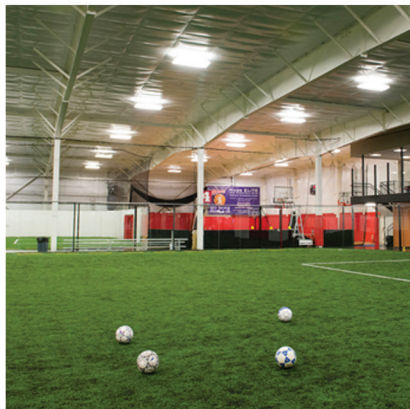
2024
Summer
PROGRAMS
at Danvers Indoor Sports



DIScover Summer Camp
June 10th - August 30th

ABOUT DANVERS INDOOR SPORTS

Danvers Indoor Sports is a state-of-the-art climate controlled indoor sports facility that houses seven turf athletic fields, five basketball courts, outdoor field, on site concessions and catering, arcade games and more!



DIS is dedicated to providing youth with a safe environment to be active year-round. DIS promotes sports such as soccer, football, basketball, lacrosse, volleyball, field hockey, and offers classes and activities throughout the year. These resources and programs teach children how to work as a team to achieve a common goal, encourage healthy competition and support positive physical and emotional self-esteem.



Dear DIScover Summer Camp & Clinic Families,

We are so excited for DIScover Summer 2024! This is the 11th summer Danvers Indoor Sports (DIS) will provide children of the North Shore ages 3.5-15 with a lifetime of summer memories! DIScover summer programs give children the opportunity to participate in sports, games, events, arts and crafts, while socializing, learning how to work as a team, good sportsmanship and of course, have fun!

This guide provides you with basic information about DIScover Summer Camp & Clinics, including programming information, sample daily schedule, what to wear/bring, electives, and more.

Please visit www.danversindoorsports.com/summer-camp for more details and to register.

If you have any questions, please contact us at the email addresses below.

We are very excited for another great summer and can't wait to see returning families and meet new families!

Coaches Anthony Carter and Alexa Richards

DIScover Program Directors

Anthony@danversindoorsports.com (Summer Camps)

Alexa@danversindoorsports.com (Mini Clinic)

DISCOVER SUMMER CAMP

THE PROGRAMMING

**Ages
5-15**

FULL DAY

Ages: 5-12

Time: 9:00AM - 3:00PM
(extended care available)

Description: Come join us for an exciting and high energy filled day of DIScover Summer Camp! Campers ages 5 - 12 will have an opportunity to participate in sports, games, and summer fun activities. Children will participate in classic camp style games, sports, arts and crafts, Water Wednesdays, Theme Thursdays and Fun Fridays! Campers will learn new skills in a fun and safe environment while practicing good sportsmanship. Campers will come to camp excited and leave looking forward to their next camp day!

C.I.T.

Ages: 13-15 Time: 9:00AM - 3:00PM
(extended care available)

Description: In 2024, CIT's will be part of a pre-camp training session and daily training with DIScover Camp Senior Staff through conversations and group challenges focused on leadership, inclusion, communication, and teamwork. These training sessions will prepare CIT's to assist the DIScover Coaches in the afternoon of each camp day. CIT's will have the opportunity to participate in sports and games throughout the day. CIT's must attend a minimum of two weeks.

HALF DAY

**Ages: 5-12 Time: 9:00AM - 12:00PM
12:00PM - 3:00PM**
(extended care available)

Description: Join us for a Half Day camp in the morning or in the afternoon. This camp encourages younger children that may not be able to complete a full day of camp to learn new skills, build friendships, and play high energy games in a safe environment.

DISCOVER SUMMER CAMP RATES AND REGISTRATION

DIS Member Daily Rate: _____ **\$75.00**

Non-Member Daily Rate: _____ **\$80.00**

DIS Member Half Day Rate: _____ **\$45.00**

Non-Member Half Day Rate: _____ **\$50.00**

DIS Annual Membership: _____ Individual - **\$40**
Family - **\$70**

CIT Program: _____ **50% off weekly rate**
(minimum 2 weeks)

Extended Care: _____ **\$15 / hour per child**
Before Care (8:00AM - 9:00AM)
and After Care (3:00PM - 4:00PM)

Sibling Discount: _____ **5% off each**
additional sibling

Lunch: _____ Lunches can be ordered from Danvers Pizza and served at
DIScover Summer Camp. Menu options and ordering is
available on the DIScover Summer Camp website.

- 1.** Visit www.danversindoorsports.com/summer-camp
- 2.** Click the link and it will bring you to the registration page
- 3.** On May 8, 2024 necessary paperwork will be available to download on the DIS Summer Camp webpage. Please mail/bring them into DIS by June 3, 2024.



DISCOVER SUMMER CAMP

WEEKS

PRE-WEEK

Multisport Camp June 10 - June 14

WEEK 1

June 17 - June 21

*Multisport Camp
Basketball Camp*

WEEK 2

June 24 - June 28

*Multisport Camp
Football Camp
Jr.'s Mini Clinic*

WEEK 3

July 1 - July 3

*Multisport Camp
Jr.'s Mini Clinic
(No Camp July 4 and 5)*

WEEK 4

July 8 - July 12

*Multisport Camp
Football Camp
Jr.'s Mini Clinic*

WEEK 5

July 15 - July 19

*Multisport Camp
Jr.'s Mini Clinic*

WEEK 6

July 22 - July 26

*Multisport Camp
Jr.'s Mini Clinic*

WEEK 7

July 29 - August 2

*Multisport Camp
Lacrosse Camp
Jr.'s Mini Clinic*

WEEK 8

August 5 - August 9

*Multisport Camp
Football Camp
Jr.'s Mini Clinic*

WEEK 9

August 12 - August 16

*Multisport Camp
Jr.'s Mini Clinic*

WEEK 10

August 19 - August 23

*Multisport Camp
Basketball Camp
Jr.'s Mini Clinic*

WEEK 11

August 26 - August 30

*Multisport Camp
Jr.'s Mini Clinic*

DISCOVER SUMMER CAMP SAMPLE **CAMP SCHEDULE**

9:00AM

Drop Off

9:15AM

Welcome Announcements

9:30AM

Warm Up Game of Tag

10:00AM

Sports Game

10:30AM

Snack

11:00AM

Team Building Challenge

11:30AM

Large Group Game

12:00PM

Lunch

12:30PM

Card and Board Games

1:00PM

Electives

2:00PM

Team Sports

2:30PM

Free Play

3:00PM

Pick Up



DISCOVER SUMMER CAMP

WHAT TO WEAR/BRING



SUGGESTED DAILY PACKING LIST:

Backpack, a non-refrigerated nut-free snack and lunch, sneakers and water bottle with name.

For special events during the week we will inform you of any extra equipment or clothing that will be needed.

For more information, please see the Parent Handbook available online May 8, 2024.

Wednesdays: Bathing Suit, Towel, Change of Clothes. Please apply sunscreen before camp.

Thursdays: Weekly theme dress up.

STAFF AND SAFETY



The Danvers Indoor Sports staff consists of passionate, experienced and responsible individuals who enjoy working with children of all ages. All DIS staff are **CPR** and **First Aid** certified, and have received a thorough background check, which includes three references, CORI and SORI checks. The child to staff ratio is 5:1 for ages 3.5-5 and 10:1 for ages 5 and up. This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. To ensure camper safety, DIScover Summer Camp has strict sign-in and pick-up policies. Please familiarize yourself with these policies before your first day of camp to avoid any confusion.

DISCOVER SUMMER CAMP ELECTIVES / SPECIAL EVENTS

ELECTIVES

At the beginning of each week, children will get to choose special activities to participate in based on their interests.

These activities will vary from week to week, but will be led by our DIScover coaches as well as some special guests. The electives program may include the following activities:

- Soccer
- Basketball
- Kickball
- Baseball
- Lacrosse

*campers must provide lacrosse stick.



SPECIAL EVENTS & FIELD TRIPS



FUN FRIDAYS:

- Pre-Week: Field Day
- Week 1: Wear Tye Dye Day
- Week 2: In the Game, Peabody, MA field trip*
- Week 3: No Camp July 4 and 5
- Week 4: Carnival Day
- Week 5: In the Game, Peabody, MA field trip*
- Week 6: Olympics Field Day
- Week 7: Scavenger Hunt
- Week 8: Pizza Party with DISco
(Pizza will be served for lunch)
- Week 9: In the Game, Peabody, MA field trip*
- Week 10: DISney Trivia and Movie
- Week 11: Paint Party

*Transportation provided for field trips

DISCOVER SUMMER CAMP

JR. SUMMER MINI CLINIC



Members: \$60 per day
Non-Members: \$65 per day

Ages: 3.5 - 5*

Time: 9:00 AM - 1:00 PM

Dates: 3 days per week
(Tue./Wed./Thurs.)

Week 1: June 25-27

Week 2: July 1-3

Week 3: July 9-11

Week 4: July 16-18

Week 5: July 23-25

Week 6: July 30 - August 1

Week 7: August 6-8

Week 8: August 13-15

Week 9: August 20-22

Week 10: August 27-29

Description: The focus of the Jr's Summer Mini Clinic is threefold: advancement of gross and fine motor skills through athletic and creative activities, social development, and discovery.

At DIScover Jr's Mini Clinic we have modified traditional activities so our youngest athletes can experience fun and success. Your athlete will enjoy learning the basic skills of traditional sports as well as discover the fun of being an outdoor explorer, playing backyard games such as tag and chase, going on treasure hunts and trail hikes, and creating Mini Clinic masterpieces.

To register, visit:

danversindoorsports.com/discover/summer-camp

For more information, e-mail Coach Alexa at:

Alexa@danversindoorsports.com

*Campers must be toilet trained to attend clinics





DISCOVER SUMMER CAMP SUMMER PROGRAMS

Ages: 5 -12

Time: 9:00AM - 3:00PM

Dates: June 24- June 28,
July 8-12, August 5-9



DISCOVER SUMMER FOOTBALL CAMP

Description: DIScover Football Camp is a fundamental based and fun camp. Children will work on skills such as throwing, running, catching, cutting, backpedaling and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Ultimate Football, Flag Football, and Capture the Ball!

Member Rate: \$410 Non-Member Rate: \$435



DISCOVER SUMMER CAMP

SUMMER PROGRAMS

DISCOVER SUMMER BASKETBALL CAMP

Ages: 5 -12

Time: 9:00AM - 3:00PM

Dates: June 17-June 21,
August 19-23

Description: DIScover Basketball Camp is a fundamental based and fun camp. Children will work on skills such as dribbling, scoring, defending, rebounding and more. Children will scrimmage, go through various one on one competitions and play classic camp style games like Steal the Bacon, Knock Out, and Relay Races!

Member Rate: \$410 Non-Member Rate: \$435





DISCOVER SUMMER CAMP SUMMER PROGRAMS



DISCOVER SUMMER LACROSSE CAMP

Ages: 5 -12

Time: 9:00AM - 3:00PM

Dates: July 29-August 2

Description: DIScover Lacrosse Camp is a fundamental based and fun camp. Children will work in skills such as throwing, running, catching, cutting, cradling, defending and more. Children will scrimmage, go through various one on one competitions, and play classic camp style games like Ultimate Lacrosse, and Capture the Ball!

Member Rate: \$410 Non-Member Rate: \$435



SUMMER PROGRAMS at DIS

Get your friends together for competition and fun in the DIS Summer Basketball Leagues. Divisions are based on skill level and will be determined by the number of teams registered. Each team will play 10 Games and automatic entry into playoffs. DIS only uses Massachusetts patched IAABO officials for every game.

MEN'S

Regular Season Game Weeks:

May 6 - July 10

League Playoff Weeks:

July 15 - August 7



WOMEN'S

Regular Season Game Weeks:

May 6 - July 10

League Playoff Weeks:

July 15 - August 7

For more information and to register, visit:

www.danversindoorsports.com/mens-sports/mens-basketball

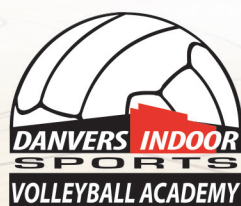
Danvers Indoor Sports - Volleyball Academy

CLINIC

Week 1: July 22-25

Week 2: August 5-8

The DIS volleyball camp is designed to prepare athletes for their upcoming season through teaching strong fundamentals, as well as furthering their individual skill, court awareness, and volleyball IQ.



PRESEASON BOOT CAMP

August 12-16

Get ready for tryouts with the DIS Volleyball Academy Boot Camp. The focus of camp will be to get as many game-like touches as possible with conditioning built into every drill.

For more information and to register, visit:

www.danversindoorsports.com/volleyball

SUMMER PROGRAMS at DIS

Repertoire Fitness Athlete



College Programs:
June 3 - August 9
(10 Weeks)

High School/Middle School
Programs:
June 17 - August 16
(9 Weeks)

The Summer Program runs for 9 weeks and consists of strength/ speed/ agility/ and conditioning training for athletes at the middle school, high school, and collegiate level. Each session is 1 hour of lifting and 1 hour of conditioning training that is catered to specific sports and athlete's needs. The program will help athletes get ready for their sports seasons and help them maintain throughout their seasons. Repertoire Fitness also offers programs for under 12 athletes who may need help with coordination, agility, foot work, speed, plyometrics, and strength training.

For more information and to register, visit:
www.rep-fitness.com



A Step Ahead (ASA)
Basketball Camp
June 24 - June 28,
July 8 - 12, July 29 - August 2

Improve your game and have fun at Nike Basketball Camps! Sharpen your skill set with ASA Hoops AAU Coach, James Spinner for one, two or three weeks this summer!

A Step Ahead (ASA) Nike Basketball Camps are designed for the player looking to improve their game and basketball IQ. Emphasis is placed on fundamental development, shooting, offense/defense, team play, and more!

Highlights:

- Fundamental instruction, individual development, and team play
- Off-court discussions and activities to enhance on-court game
- Receive a Nike Basketball Camp t-shirt and other prizes!

For more information and to register, visit:
www.ussportscamps.com/basketball/nike/nike-basketball-camp-danvers-indoor-sports

DIS Basketball Academy



Thursdays,
June 27 - August 29
Grades 3-5 - 3:00-4:00pm
Grades 6-8 - 4:00-5:00pm

The Danvers Indoor Sports Basketball Academy is powered by Universal Basketball Training and Coached by Ted Cottrell! The DIS Basketball Academy is a place where athletes train to increase footwork, ball handling, passing, defending, rebounding, position specific technique (PG, SG, SF, F, C) and scrimmaging.

For more information and to register, visit:
<https://danversindoorsports.com/danvers-indoor-sports-basketball-academy>

For private, semi-private, and group trainings, visit:
www.UniversalBasketballTraining.com



Skillz Check
Summer Soccer Skills Training:
August 12-16, August 19-23

Skillz Check clinics focus on the technical skills that help players develop speed and confidence with the ball. The Summer camp series - designed and run by founder Mo Keita - incorporates technical, tactical, and game training as well as many fun activities. Clinics are open to players ages 4 to 16 who are grouped on site by age and skill level to maximize the individual development and enjoyment for all players.

For more information and to register, visit:
www.skillzcheck.com

YEAR-ROUND PROGRAMS at DIS

(Parent/Child) **Tiny Tots:** Ages 18 months - 2.5

(Parent/Child) **Tots:** Ages 2.5 - 3.5

Jr's: Ages 3.5 - 5

Youth: Ages 5 - 12

DISCOVER SPORTS AND PLAY WEEKLY YEAR-ROUND PROGRAMS AT DIS IN DANVERS AND WILMINGTON

For more information, e-mail:

Alexa@danversindoorsports.com or

Anthony@danversindoorsports.com

www.danversindoorsports.com/discover-sports-and-play

Description: DIScover Sports and Play is a weekly child development and sport introduction program for ages 18 months - 12. Each session, we offer classes in football, basketball, lacrosse, multisport, gymnastics, running, hockey, and baseball where we introduce sports through fun, high energy games and activities. Your young athlete will begin to develop skills, understanding, sportsmanship, and teamwork. Classes are 50 minutes long and sessions generally run for 8 weeks.

We Prorate, Join Anytime!



SUMMER PROGRAMS at DIS **SKILLS INSTITUTE**



Up Your Game At **Skills Institute Clinic**



Danvers Indoor Sports
Monday - Friday, 9am- 12pm
Boys and Girls, Ages 5-12

July 15th - July 19th
July 22nd - July 26th
July 29th - August 2nd
August 5th - August 9th
August 12th - 16th *Wilmington Location
\$225/week

Full week of registration required

Skills Institute Clinic is the perfect half-day camp for aspiring soccer players who want to take their game to the next level. Each day, experienced coaches guide players in building technical and tactical fundamentals through fun, dynamic soccer drills and games. Players apply their new skills and tactical knowledge during everyone's favorite part of the Clinic – scrimmage!

- Focus on all-around player development
- Clinic encompasses soccer drills, games and scrimmage each day
- Skill focus: passing, dribbling, trapping and shooting
- By the end of the week, players have improved their skills and their strategic knowledge



All participants will receive a
free, official Skills Institute
Clinic Training Top!

Luke Padilla
LKBoston@danversindoorsports.com
(978) 871-2830

SUMMER PROGRAMS at DIS

LIL' KICKERS BIRTHDAY PARTIES



Danvers Indoor Sports Lil' Kickers Birthday Parties (Ages 2-9)

DIS Lil' Kickers Coaches are ready to plan your next birthday party!

With so many Lil' Kickers games to choose from, and our high energy coaches, your party will be so much fun! Party includes 60 minutes of field time and 30 minutes of a designated party area!



Cost: \$395 members;
\$435 non-members
for up to 16 children.
\$5 per child after 16.
To book your party,
e-mail Coach Danny at
danny@danversindoorsports.com.

www.LKBoston.com

— LKBoston@danversindoorsports.com



Danvers Indoor Sports **WILMINGTON**

978-777-7529 info@danversindoorsports.com

Summer Programs @ DIS Wilminton Coming Soon!



Indoor Field - 170 ft. x 85 ft.



Outdoor Field - 170 ft. x 85 ft.

33 Upton Drive, Wilmington, MA 01887



If you are interested in renting
a field, please email:

Josh@danversindoorsports.com

**Available
Programs:**



**DIScover
KIDS**

The 2024 DIS Summer Program Brochure was printed in March, 2024 and is subject to change. Please check danversindoorsports.com for up to date information.



Lil' Kickers AND SKILLS INSTITUTE

18 months - 12 years



TRY A
**FREE CLASS
TODAY!**

**Open Enrollment,
Join Anytime!**

Visit:
www.LKBoston.com
to register

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